

Dating Pledge

I, _____, promise myself and my partner to maintain a relationship that is based on respect, equality, trust and honest communication.

I will value my partner's boundaries online and behind closed doors. I will never engage in any type of abuse — physical, emotional, sexual, financial or digital.

If one of my friends experiences abuse, I pledge to help them by saying something, modeling healthy communication and connecting them to resources.

I pledge to remember, demonstrate and promote the fact that love is respect.

Signature _____

Date _____



Adapted from Love is respect